

Dear Padre,

Are the readings at the beginning of Mass equal to the celebration of the Eucharist?

The Mass is celebrated in two major parts: the **Liturgy of the Word** and the **Liturgy of the Eucharist**. These parts complement each other in a balance of word and sacrament. In his 2004 apostolic letter *Mane Nobiscum Domine* (Stay With Us Lord), Pope St. John Paul II described these complementary elements. Using the story of the two disciples on the road to Emmaus on the night of Easter Sunday, the Pope likened the two parts of the revised liturgy to these disciples' journey. First, Christ breaks open the word for them, preparing their hearts with an interpretation of the Scriptures. Then, they recognize Christ as they break bread.

The Liturgy of the Word, proclaimed and preached well, allows time for silence and reflection on the wisdom offered. It becomes the necessary overture for the celebration of thanks and praise and the gift of the sign and sacrament to follow. Parishes are called to take the Liturgy of the Word most seriously and to bring it to a new level of proclamation. Pope St. John Paul II admonished all involved, but especially preachers, to cherish the word and preach it so the depths of the mysteries celebrated may be recognized and received into the burning hearts of Christians. In this context, the Scripture readings are given a prominence they didn't have in the older Roman rite. ●

From The Eucharist: 50 Questions from the Pews by Fr. Richard Fragomeni, PhD (816994), © 2009 Liguori Publications



GOOGLE EARTH

A WORD FROM POPE LEO XIV

In a divided and troubled world, the Holy Spirit teaches us to walk together in unity. The earth will rest, justice will prevail, the poor will rejoice, and peace will return once we no longer act as predators but as pilgrims. No longer each of us for ourselves but walking alongside one another. Not greedily exploiting this world but cultivating it and protecting it.

HOMILY, ROME, JUNE 7, 2025



MILJAN ZINOVIC / SHUTTERSTOCK

Do you have a question for the Padre?

Go to DearPadre.org to send your question and to learn more about *Dear Padre*.

Monday	Thursday	Saturday
February 9 Weekday 1 Kgs 8:1-7, 9-13 Mk 6:53-56	February 12 Weekday 1 Kgs 11:4-13 Mk 7:24-30	February 14 Sts. Cyril, Monk, and Methodius, Bishop 1 Kgs 12:26-32; 13:33-34 Mk 8:1-10
Tuesday	Friday	Sunday
February 10 St. Scholastica, Virgin 1 Kgs 8:22-23, 27-30 Mk 7:1-13	February 13 Weekday 1 Kgs 11:29-32; 12:19 Mk 7:31-37	February 15 Sixth Sunday in Ordinary Time Sir 15:15-20 1 Cor 2:6-10 Mt 5:17-37 or 5:20-22a, 27-28, 33-34a, 37
Wednesday		
February 11 Weekday 1 Kgs 10:1-10 Mk 7:14-23		

Our Parish COMMUNITY

February 8, 2026

Fifth Sunday in Ordinary Time (A)

Isaiah 58:7-10 / 1 Corinthians 2:1-5 / Matthew 5:13-16



That Our Wounds Might Be Quickly Healed

ANN M. GARRIDO

Some years ago, I took a crash course in chaplaincy. Chaplains are often called on to accompany people through life's gloomier seasons—be it in a hospital, in a nursing home, in prison, or following a disaster. As you might imagine, our training involved sessions on how to best alleviate the isolation and despair many people experience in these places and situations. Pray with people? Invite them outside into nature? Make sure physical discomfort is mitigated? All of these are good practices, my chaplain supervisor emphasized, but research indicates that the quickest way to lift the heaviness many feel is to get them involved in alleviating the suffering of others.

I suspect neither Isaiah nor Jesus would have been surprised by this research. In today's first reading, Isaiah says that if we feed the hungry and give shelter to the homeless, if we clothe the naked and care for our family members in need, we will know what it means to have light in the midst of darkness, and our gloom will melt away as if under the noonday sun. Similarly, Jesus describes our good deeds as being like light, meant to be shared generously with others.

In recent years, we have seen an uptick in depression and anxiety, even among the young. We can be tempted to focus more inwardly on our own lives, our own griefs and shortcomings. Self-awareness is certainly a good trait to have! But, perhaps counterintuitively, today's readings remind us that our "wounds shall quickly be healed" more readily when we focus on the needs of others. ●



LEARN ABOUT THE AUTHORS OF OUR PARISH COMMUNITY

Reflect

Why does helping another lift our own spirits?



"Your light shall break forth like the dawn, and your wound shall quickly be healed."

ISAIAH 58:8

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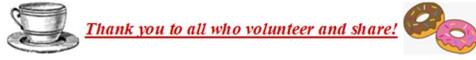
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RECONCILIATION: (Confession) available, following Mass, on
 Sunday and Wednesday – please contact Fr. Pedro, before mass, to confirm
 availability. Also by appointment **and March 19 at 5 pm with extra priests.**
BAPTISM: Please contact the Deacon or Pastor, at least one month prior to
 desired date.
SACRAMENT of MARRIAGE: Please contact the Deacon or Pastor
at least six months prior to desired date. **Today is World Marriage Day**

Please remember St. Genevieve Parish in your Will
THANK YOU for your donations!
Weekly Budget: \$1,255.00
 01/25/26: \$939.00
 02/01/26: \$1,333.00
Building Fund Donations: \$100.00
 Call Nancy at 253-370-0798 if you still need a tax letter
 Signup for On-line Giving at methowcatholic.org.

SOUPER BOWL SUNDAY
 Donations of **CANNED** Goods for **THE COVE** accepted all month!


Thank you to all who volunteer and share!
CAFFEINE & CALORIES: The weekly social hour continues, after Mass.
 Please consider *hostina C & C*. Contact Alicia Brown for info. 509-429-1621.

 **BUILDING COMMITTEE**
 People with ideas about the new parish hall, especially those with building
 skills, are welcome to Contact the Building Committee.
PARENTS: Please do not allow your children to play on/around the new block
 retaining wall. Thank you!

 The Cove is always in need of toilet paper. Pet
 food is especially needed in the winter.
 Donations can be left in the basket at the side
 door.

**WELCOME! NO MATTER WHAT YOUR PRESENT OR PAST STATUS IN THE CATHOLIC CHURCH, NO MATTER YOUR
 PERSONAL HISTORY, AGE, RACE OR BACKGROUND, YOU ARE INVITED, WELCOMED, ACCEPTED, AND LOVED AT ST.
 GENEVIEVE CATHOLIC PARISH.**

Mass Schedule:

Sunday, Feb 08 @ 11:00 am, Fifth Sunday in Ordinary
Time, Rosary @ 10:20 am
Wednesday, Feb 11 @ 9:30 am, Mass, Rosary 9:00 am
Sunday, Feb 15 @ 11:00 am, Sixth Sunday in Ordinary
Time, Rosary @ 10:20 am
Ash Wednesday, Feb 18 @ 11am, Mass with Ashes, and
@ 6pm Communion Service with Ashes



Liturgy of the Word

Isaiah 58:7-10
Psalm 112
1 Corinthians 2:1-5
Matthew 5:13-16

When your fasting feeds the hungry, a new day dawns.
“The just man is a light in darkness to the upright.”
Paul’s message doesn’t rest on his own wisdom,
but on the power of the Spirit.
You are the salt of the earth and the light of the world.

Light binds together today’s scripture readings. Isaiah preaches that when we share
 what we have with those in need, light will drive out the dark. In Psalm 112, we sing
 that the one who acts with justice is a light in the darkness. Paul tells the Corinthians
 that the power of the Holy Spirit has enlightened their faith. In the Gospel, Jesus
 instructs his disciples to let their light shine, so the world can see the good that they do.
 As we listen to the words of scripture, let us appreciate the metaphor of light in
 expressing what God asks us to do.

Question of the Week: How can I and my parish increase the light we shine in our community?



LENT

Look for Fr. Pedro’s “Little Black Book” for Lent in your mailbox,
 along with a letter listing the special services for Lent at St. Gen’s and
 in Brewster.



Rice Bowls are at the entrances to the church, a good way to practice
 almsgiving.



Let your light shine!



*Please
 Remember
 in Your
 Prayers*

- Judy Dayharsh
- Dayharsh Family
- Cor Bader
- Wannita Knox
- Malachi Knox
- Jeff Springer
- Hal Great
- Anna Cotner
- John Spanuth
- Joseph Carbajal
- Mark Crum
- Roland Cruz
- Jim Perra
- Brooke Stendera
- Lupe Garcia
- Sheila Kerr
- Jonathan Kessler
- Fr. Sean Thomson
- Thomson Family
- Evangeline Grace Knox
- Melissa Larson
- Howard Burcham
- Terry & Barb Anderson
- Bernice Morgan

 *Repose of the Soul of*

- Bill Wilburn
- Robert Springer
- Mary Cucci